

# **ACTS OF LIBERATION BY SERGI ESTEBANELL RESIDENCY IN ECLAT - AURILLAC**



## **ECLAT-AURILLAC RESIDENCY, AS PART OF THE HIVERNEM'S PROGRAM BY FIRATARRIGA AND INSTITUT RAMON LLULL**

From the 23rd til the 27thd of January 2023 I was at ECLAT-AURILLAC to further develop the project "Acts of Liberation ", an investigation project focused on collecting the contemporary fears of our post-pandemic society. This residency was financed by FiraTàrrega and Institut Ramón Llull.

I made it to the beautiful and snowed Aurillach accompanied by Rosita Calvi ( creative and specialist in self-development therapy).

Our first day we filed and re-visited different materials, conversation and articles that we've been collecting for the past few months of investigation. We try to research this under the lenses of therapeutic work, psychology and artistically.

From this database as a starting point we have been writing a text which allows us to establish a theoretico-practical base to design the creative universe around the Museum of Fears, a sub-project that we are planning to launch in 2024.

This "Space/Museum" aims to bring together different fears which our current society has and at the same time it turns into a place where we analyze, put together, explore, intervene as if it was a scientific laboratory with the objective to get liberated from these fears and live our lives from a more healthy and conscious way.

We have started to imagine how this place could look like, what could happen, which interrelation with the audience could we build, what are we looking for to provoke and question its audience, some of these ideas are arisen at ECLAT's living room where we are spending this residency, a place where to hibernate in its interior whilst it's snowing on its exterior.



Part of this residency time was used to imagine and create but I also had the opportunity to contrast my research and my ideas with the director of the Festival: Frederic Remy and its team.

It was really gratifying being able to talk about my own aim with cultural sector's professionals with a long trajectory within the street arts sector and connoisseurs of multiple projects that, like mine, try to influence the minds and hearts of viewers.

They asked me some interesting and good questions, shared with me openly their opinions and they encouraged me to visualize the work of other artists that, after explaining my project, they thought had similar creative synergies.

All these inputs were very positive and provoke in me a deep reflection around the WHAT and the HOW (content and form).

So, after a week in Aurillac I leave full of inspiration, with tons of ideas and above all I feel very empowered and eager to continue delving into "Acts of Liberation". Also, I am thankful to have found accomplices who believe in this type of project that, beyond wanting like everything else, artists to be visible in the market, we seek a personal and collective transformation.

I get transformed every time I get deep into my fears (personally and creatively) and the possibility to get liberated from them and I think with conviction that this engine is the beginning of a social and collective transformation. This desire fills me up with positive energy to keep on trusting art as a motor to social cohesion and sensitizer of the social challenges that we have today as humanity.

Sergi Estebanell  
Acts of Liberation  
22/02/2023

